



## **A Weekend with William Ting Tai Chi Principles and more!**

**June 9, 10 and 11 (Fri evening, Sat. & Sun.), 2017**

**Registration deadline: May 1, 2017**

**Location: Rock Point Retreat Center, Burlington, VT**

Cost:

Workshop: Includes tuition, 2 lunches (Sat & Sun), snacks and refreshments \$335

Workshop with lodging: Includes tuition, 3 meals on Sat, 2 on Sun, snacks and refreshments)                      Single room - \$540      Double room- \$460

**Note: William Ting has a very large worldwide following and his workshops usually fill up as soon as they are announced. Tai Chi Vermont wants our instructors and students to have advanced registration to reserve a spot. The workshop is limited to 40 participants. After Feb 15 Tai Chi Vermont will open registration to the general public.**

**This weekend retreat will include not only in-depth learning of tai chi principles but experiences with qigong, meditation, and push-hands exercises as well.**

**You can hold a place with a \$100 non-refundable deposit sent with this registration form; the balance is due May 1.**

Workshop check-in is Friday evening at 6:30 PM or Sat morning at 8:30 AM if unable to attend the short Friday eve discussion. We strongly encourage you to attend the Fri day evening program and the Saturday evening program too.

For more information contact Ellie Hayes at either 802-456-1983 or 802-595-9780 (cell). Or email [ehayes@cvcoa.org](mailto:ehayes@cvcoa.org) or [dragondance60@gmail.com](mailto:dragondance60@gmail.com).

Please make checks payable to TAI CHI VERMONT INC and mail with your registration form by email ([ehayes@cvcoa.org](mailto:ehayes@cvcoa.org)) or by regular mail: Ellie Hayes, 1956 Foster Hill Rd., East Calais, VT 05650

[www.taichivermont.org](http://www.taichivermont.org)

**REGISTRATION FORM: PLEASE COMPLETE ALL SECTIONS . TYPE OR PRINT NEATLY.**

Today's Date: \_\_\_\_\_

**CONTACT INFORMATION**

First Name:	MI:	Last Name:	
Job Title:			
Organization:			
Work Address:			
City:		State:	Zip:
Home Address:			
City:		State:	Zip:
Home Phone:	Work Phone:	Cell Phone:	
		Can you accept texts? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Email:			
For correspondence, please contact me at: <input type="checkbox"/> My worksite (if applicable) <input type="checkbox"/> My home			

Please indicate the type of registration:

Workshop (\$335.00) \_\_\_\_\_

Workshop with single room lodging (\$540) \_\_\_\_\_

Workshop with double room lodging (\$460) \_\_\_\_\_

Non-refundable deposit (\$100): Please hold a place for me. \_\_\_\_\_

Please indicate any special dietary restrictions (helpful in planning snacks, lunches, etc.) \_\_\_\_\_

Tai Chi Vermont, Inc. is a 501(c)3 non-profit organization incorporated in the state of Vermont. While most of our instructors used to be affiliated with the Tai Chi for Health Institute, we now enjoy being a much more local, closely-knit organization that runs collaboratively. Tai Chi Vermont's mission is to *enhance the wellness of Vermonters by providing safe and effective tai chi instruction*. We run instructor training workshops, quarterly skill builder workshops, and mentor our certified instructors.

[www.taichivermont.org](http://www.taichivermont.org)